

OUR SAVIOUR LUTHERAN CHURCH UPDATE MARCH 29, 2026
PALM SUNDAY, MAR 29, 2026

This Newsletter contains the following information:

1. Worship Services
2. In Our Prayers
3. Weekly Services

WORSHIP SERVICES:

At present we offer one Sunday Worship Service at 11 a.m.

REMEMBER THE SABBATH DAY TO KEEP IT HOLY

VERSE

He humbled himself by becoming obedient to the point of death, even death on a cross.

PALM SUNDAY, MAR 29, 2026

Now Is the Hour When the Son of Man Is Glorified

Beloved in the Lord,

Greetings in the name of our Lord and Saviour Jesus! **Amen.**

BULLETIN The bulletin for the Divine Service is attached to this update

READINGS

John 12:12-19 (Palm Sunday Procession)

Isaiah 50:4-9a

Psalms 118:19-29 (antiphon: v. 26) or Psalm 31:9-16 (antiphon: v. 5)

Philippians 2:5-11

Matthew 26:1--27:66 or Matthew 27:11-66 or John 12:20-43

SUMMARY OF TODAY'S READINGS

Now Is the Hour When the Son of Man Is Glorified

"Fear not, daughter of Zion; behold, your king is coming." He comes in gentle humility, "sitting on a donkey's colt," yet also as the King of Israel "in the name of the Lord" (John 12:13, 15). His royal glory is faithful obedience and self-sacrificing service "to the point of death, even death on a cross" (Phil. 2:8). The love of God is manifested in the cross and Passion of His Son for the salvation of sinners. Since He has borne our sins and suffered our death, "God has highly exalted him and bestowed on him the name that is above every name" (Phil. 2:9), and He exalts us in His resurrection. Our Lord did not hide His face "from disgrace and spitting" (Is. 50:6), but He trusted His God and Father, who raised Him from death and the grave and exalted Him to His right hand. This same King Jesus now comes to us in gentle humility in His Supper, where He feeds us with His body and cleanses and covers us with His blood, so that "after his resurrection" we also shall rise and enter the holy city (Matt. 27:52-53).

VERSE ON THE BULLETIN: He humbled Himself to death on a cross.

ABOUT THE BULLETIN COVER: Christ came to us in humility, taking the form of an obedient servant. On Palm Sunday, He again came in humility, riding into Jerusalem on a donkey. Then, the ultimate sign of His humility was shown on Good Friday. Paradoxically, it was His being lifted up on the cross that was the greatest sign of His glory and exaltation. It is through His death on the cross that Christ has won for us the forgiveness of sins. This alone is the power of God for salvation for all who believe (see 1 Corinthians 1:18; Romans 1:16). We proclaim today, “Jesus Christ is Lord, to the glory of God the Father” (Philippians 2:11).

2) IN OUR PRAYERS

Please keep the following people in your personal prayers:

Shut-ins: Maria Pohlman, Ruth Miller, Hans Schroedter, Peter Haug, Gabriel Civitillo, Letillia Sterling, Meta Both.

Those with other needs: Paul Alexander, Brian Miller, Lisa Deonadan, Harry Goorwah, Violet Deonarine, Deva Singh, Marlet Wardly, Trudy Marquardt, Tomdaiya, Nila, Mariya, Marlin, Sam, Dawood, Al & Indra Seemadray, Junior Atkins, Susan Krim, Eric Krim, Dhanraj Bharrat, Sarab Adwer, Kamini Paul, Shirley Ewan, Pamela and Nigel, Gisela McLuhan, Pat Brewster, Gwenn Elliott.

If you would like to add yourself or a loved one to our prayer list please give me a call. It is also important to let me know when it's time to be removed from the list.

LUTHERAN CHURCH CANADA MISSIONS

MARCH 29, 2026 | CAMBODIA



This week, we pray for **Rev. Van Ravy** who serves as assistant pastor at Christ Lutheran Church in Phnom Penh and also serves with Lutheran Hour Ministries.

Prayer: Heavenly Father, as Your Son sent forth His Church to make disciples in all nations, we lift up before You, Pastor Ravy, asking You to sustain him by Your Spirit and bless his labours for the sake of the

Gospel; Lord in Your mercy, **C: Hear our prayer.**

3) CONGREGATIONAL PROJECTS

FOOD BANK:

FOOD BANK STATISTICS FOR March 26, 2026

Total Food Hampers given out: 354

Those food hampers provided food to:

806 adults and 341 children for a total of 1147

Our Saviour Food Bank: Need of Volunteers

We are in need of volunteers for the Food Bank for general and some specific duties. The duties may extend to cover picking up of bread, unloading of the skids, food packaging, computer intake and recycling of the cardboard and other materials. If you are desirous of helping please speak to Al Seemadray Food Bank Volunteers Coordinator, Ingrid or Pastor.

SUNDAY SCHOOL

There will be Sunday School this Sunday.

THIS WEEK AT OUR SAVIOUR

Sunday, Mar 29, 2026 **PALM SUNDAY** (START OF HOLY WEEK)
10 a.m. NO Bible Study
11 a.m. Worship with Holy Communion
Thursday, Mar 26 2-4 p.m. & 5-7 p.m. Food Bank
7:30 pm **Maundy Thursday Service (feet washing)**
Friday Apr 3, 2026 11 a.m. **Good Friday Service**
Saturday Apr 4, 2026 7 p.m. Easter Vigil (Trinity Lutheran Church)
Sunday, Apr 5 **EASTER SUNDAY SERVICE**
10:00 a.m. NO Bible Study
11 a.m. Worship with Holy Communion

Pastor Joseph Singh

Vacancy Pastor

March 27, 2026

PHONE: 416-970-0322 Pastor Joseph (cell)

416-741-2110 (Church) <https://www.oslc.on.ca/>



EASTER BRUNCH

**Everyone is invited to join us on
Easter Sunday, April 5th,
immediately following the 11 a.m. service,
for an Easter Brunch.**



THE TIME OF EASTER
LENT
THE SEASON OF LENT

Begins on Ash Wednesday and ends with midday prayer on Holy Saturday.

The time of Easter invites us into the story of Jesus' sacrificial death and His glorious resurrection. The resurrection of Jesus gives proof that our salvation has been completed and that our hope for eternal life with God is secure.

Easter was the major celebration of the Early Church, which also set aside a period of preparation to celebrate the Feast of the Resurrection of Our Lord (Easter). Lent was a period of preparation first prescribed for baptismal candidates. During this period, the candidates were examined in preparation for Baptism at Easter (or Paschal Vigil). Later, these forty days were associated with Jesus' forty days in the desert prior to His temptation (Matthew 4:1-11) and with the forty years the children of Israel spent in the wilderness (Numbers 14:34), becoming a period of preparation for every Christian.

The Sundays during this season are not "of Lent" but "in Lent." Thus the Sundays retain an Easter tone and may be less solemn than the mid-week services that congregations typically offer. The observances of Lent are concrete reminders of the greater solemnity of this season, yet Lutherans emphasize the Gospel of Christ as central even to this penitential season.

**IN LENT, WE PREPARE OUR HEARTS
TO RECEIVE OUR CRUCIFIED AND RISEN LORD.**

Ps 51 Isaiah 58:6-12 Joel 2:12-13
Matthew 4:1-11 Matthew 6:1-18 Romans 6:1-4

LENT PRACTICES AND TRADITIONS

- The church is decorated in violet, the colour of royalty and repentance. This period of repentance is marked by a purposeful turning away from our sin and turning toward Christ for His mercy and forgiveness.
- Ash Wednesday begins the observance of Lent. Ashes on the forehead is a sign of penitence and a reminder that we, too, shall die and therefore, need forgiveness from Jesus. Black may be used to decorate the church on Ash Wednesday.
- *Alleluia* is the Hebrew word for “Praise the Lord.” It is a joyous expression of faith in God. During Lent, we forego using this joyous response, in order to focus on our need for repentance and faith.
- As in Advent, so in Lent, we do not sing the Gloria in Excelsis in the Divine Service. We do this to focus our attention on repentance.
- Fasting is giving up eating at a particular meal or time, in order to devote that time to prayer and meditation on the Word of God.
- Many churches observe Lent by gathering for midweek services. As we do in our church. These additional times of worship and gathering around God’s Word helps us prepare to observe Holy Week and celebrate Easter.



THE TIME OF EASTER EASTER AND ITS SEASON

Begins with evening prayer on Holy Saturday and ends with midday prayer on Pentecost.

Easter is not merely a one day celebration; it is a fifty day season from the Day of the Resurrection of our Lord to the Day of Pentecost. This extended season – one seventh of the year – is a victory celebration, a time for all Christians to proclaim boldly their faith in a risen and victorious Saviour.

The first celebration of Easter is the Easter Vigil, the evening of Holy Saturday. The Vigil includes a service of light, in which fire symbolizes Jesus as the light of the World. The service is designed to take the Christian from the solemnity of Good Friday to the predawn joy of Easter.

Easter is the richest and most lavish celebrated festival of the Church Year. Congregations may hold a sunrise service, commemorating the surprise of the women visiting the empty tomb of Christ, as well as services that celebrate the resurrection of Jesus Christ. While not as lavish, this joyous and celebratory tone echoes down through the Sundays of the Easter season.

Forty days after Easter, the Church celebrates the Ascension of Our Lord, who ascended into heaven not only as God but also man. The final Sunday of the Easter season, celebrated as Pentecost, was adopted by early Christians to commemorate the first great harvest of believers for Christ. Thus, Pentecost is the birthday of the Christian Church, as the Holy Spirit came upon the disciples and they gave their compelling witness about the resurrected Lord. The colour for the day of Pentecost is red, representing fire and blood. Red recalls the tongues of fire received on the first Pentecost and the martyrs who shed their blood for the faith.

During Easter we rejoice in our salvation.

Matthew 28

Luke 24

John 12:24-25; 20:1-29; 21:1-14 Acts 1:6-11; 2:1-4

PRACTICES AND TRADITIONS

- The colours of Easter are white and gold. White, the colour of Our Lord's holiness, is everywhere on Easter, from the paraments and vestments to the traditional Easter lilies. Gold decorations remind us that our resurrection life in Christ is precious and eternal.
- After a long absence in Lent, Alleluia returns at Easter and is heard everywhere in the propers appointed for the weeks after Easter. Also the joyous Hymn of Praise and the Gloria Patri return and are sung as part of the liturgy once again.
- During the Easter season we greet one another with a special Easter greeting and response: "Alleluia! Christ is risen!" "He is risen indeed! Alleluia!"